

CREW OFF DUTY

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:33-07:44	FE-1	HAM radio session with Andijan school
07:44-10:00		Weekly housekeeping
10:00-10:20		ISS crew / Program management weekly conference (<i>S-band</i>)
10:30-11:00		Weekly housekeeping
11:00-11:05	CDR	Carbon dioxide status check
11:05-11:20	CDR	Reboot all PCS (once a week)
11:20-11:25	CDR	OCA SSC router reboot
11:30-13:00	CDR	Physical Exercise (RED)
11:30-13:00	FE-1	Physical Exercise (TVIS) day 4
13:05-13:35		Weekly planning conference (<i>S-band</i>)
13:35-14:35		LUNCH
14:35-14:50	FE-1	Connecting ECP-TM to EGE-2 and loading file
14:50-15:00	FE-1	Installation of software to ISS WIENER
15:20-15:35	CDR	ADUM (Ultrasound) - analysis
16:45-17:15	FE-1	COX maintenance. Elektron H2 and O2 gas analyzer check
17:00-17:17	CDR	USOS P/L Space Research Module Photo
17:15-18:15	FE-1	Physical Exercise (TVIS) day 4
17:15-18:15	CDR	Physical Exercise (CEVIS)
18:15-18:20	CDR	TVIS/RED/HRM data transfer to MEC
19:30-20:00		DINNER
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP
Task List	FE-1	URAGAN. Observation and photo imagery

Note: See OSTP for reference to US activities

End of radiogram